The Golden Thread
Tally Sheet for Custom Remedies

① Total of checks in columns 2-8	②	③ Subtotal of checks in columns 4-8	④	⑤ Too Much	⑥	⑦	⑧ ←	→ ⑨	⑩ Too Little	⑪	⑫	
Total WHEAT = / # of checks	Too Little Barley / Subtotal	Subtotal WHEAT = / # of checks	E_1 / Emotional	+ M_1 / Mental	+ S_1 / Spiritual	WHEAT / Body Area + P. Disorder		E_2 / Emotional	+ M_2 / Mental	+ S_2 / Spiritual	= # of checks / SubTotal	To Barley
Total BARLEY = / # of checks	Too Little Wheat / Subtotal	Subtotal BARLEY = / # of checks	E_1 / Emotional	+ M_1 / Mental	+ S_1 / Spiritual	BARLEY / Body Area + P. Disorder		E_2 / Emotional	+ M_2 / Mental	+ S_2 / Spiritual	= # of checks / SubTotal	To Wheat
Total GRAPES = / # of checks	Too Little Etrog-Center / Subtotal	Subtotal GRAPES = / # of checks	E_1 / Emotional	+ M_1 / Mental	+ S_1 / Spiritual	GRAPES / Body Area + P. Disorder		E_2 / Emotional	+ M_2 / Mental	+ S_2 / Spiritual	= # of checks / SubTotal	To Etrog-Center
Total ETROG-RIGHT = / # of checks	Too Little Etrog-Left / Subtotal	Subtotal ETROG-RIGHT = / # of checks	E_1 / Emotional	+ M_1 / Mental	+ S_1 / Spiritual	ETROG-RIGHT / Body Area + P. Disorder		E_2 / Emotional	+ M_2 / Mental	+ S_2 / Spiritual	= # of checks / SubTotal	To Etrog-Left
Total ETROG-LEFT = / # of checks	Too Little Etrog-Right / Subtotal	Subtotal ETROG-LEFT = / # of checks	E_1 / Emotional	+ M_1 / Mental	+ S_1 / Spiritual	ETROG-LEFT / Body Area + P. Disorder		E_2 / Emotional	+ M_2 / Mental	+ S_2 / Spiritual	= # of checks / SubTotal	To Etrog-Right
Total ETROG-CENTER = / # of checks	Too Little Grapes / Subtotal	Subtotal ETROG-CENTER = / # of checks	E_1 / Emotional	+ M_1 / Mental	+ S_1 / Spiritual	ETROG-CENTER / Body Area + P. Disorder		E_2 / Emotional	+ M_2 / Mental	+ S_2 / Spiritual	= # of checks / SubTotal	To Grapes
Total FIGS = / # of checks	Too Little Pomegranate / Subtotal	Subtotal FIGS = / # of checks	E_1 / Emotional	+ M_1 / Mental	+ S_1 / Spiritual	FIGS / Body Area + P. Disorder		E_2 / Emotional	+ M_2 / Mental	+ S_2 / Spiritual	= # of checks / SubTotal	To Pomegranate
Total POMEGRANATE = / # of checks	Too Little Figs / Subtotal	Subtotal POMEGRANATE = / # of checks	E_1 / Emotional	+ M_1 / Mental	+ S_1 / Spiritual	POMEGRANATE / Body Area + P. Disorder		E_2 / Emotional	+ M_2 / Mental	+ S_2 / Spiritual	= # of checks / SubTotal	To Figs
Total OLIVES = / # of checks	Too Little Dates / Subtotal	Subtotal OLIVES = / # of checks	E_1 / Emotional	+ M_1 / Mental	+ S_1 / Spiritual	OLIVES / Body Area + P. Disorder		E_2 / Emotional	+ M_2 / Mental	+ S_2 / Spiritual	= # of checks / SubTotal	To Dates
Total DATES = / # of checks	Too Little Olives / Subtotal	Subtotal DATES = / # of checks	E_1 / Emotional	+ M_1 / Mental	+ S_1 / Spiritual	DATES / Body Area + P. Disorder		E_2 / Emotional	+ M_2 / Mental	+ S_2 / Spiritual	= # of checks / SubTotal	To Olives
Total NAJA = / # of checks	Too Little Multi / Subtotal	Subtotal NAJA = / # of checks	E_1 / Emotional	+ M_1 / Mental	+ S_1 / Spiritual	NAJA / Body Area + P. Disorder		E_2 / Emotional	+ M_2 / Mental	+ S_2 / Spiritual	= # of checks / SubTotal	To Multi
Total MULTI = / # of checks	Too Little Naja / Subtotal	Subtotal MULTI = / # of checks	E_1 / Emotional	+ M_1 / Mental	+ S_1 / Spiritual	MULTI / Body Area + P. Disorder		E_2 / Emotional	+ M_2 / Mental	+ S_2 / Spiritual	= # of checks / SubTotal	To Naja

Row markers: A = ETROG-RIGHT, B = ETROG-LEFT

Bottom totals:

Total, E_1 / # of checks in column	Total, M_1 / # of checks in column	Total, S_1 / # of checks in column		Total, E_2 / # of checks in column	Total, M_2 / # of checks in column	Total, S_2 / # of checks in column

$$E_1 + E_2 = \underline{\qquad}$$
$$M_1 + M_2 = \underline{\qquad}$$
$$S_1 + S_2 = \underline{\qquad}$$